



## Play Ball Kidz Recreation Program

The Play Ball Kidz program is a 10-week, multi-component recreation intervention designed to improve the gross motor skills and social skills of high-functioning 5 to 12-year-old children with Autism Spectrum Disorders (ASDs).

Play Ball Kidz captivates children with its hands-on learning environment and opportunities to practice and learn new skills each week. Each session provides scaffolding, land marking and cooperative games designed to help children learn new gross motor and social skills in a fun environment.

Parents and schools are an integral part of the group program and receive resources and support to help young athletes develop and practice new skills at home and at school.

### Topics of Instruction:

- Talking and playing with others
- Joining in conversations and activities with others
- How to cope with making mistakes, changes in routine and feelings of uncertainty
- How to handle new situations and learning to ask for help
- Solving social problems
- How to recognize simple and complex emotions in themselves and others
- How to express feelings in appropriate ways
- How to cope with feelings of anger and anxiety

### What are the participation requirements?

- Child must have a diagnosis of Autism Spectrum Disorder
- Child must have verbal communication skills and an IQ within a normal range (or above)
- Child must be able to participate in a group setting without additional support beyond that provided within the program
- Child is able to attend weekly sessions for a 10-week period
- Caregiver must be able to attend parent sessions; 2 of the 10-week period (TBA)
- Demonstrates emerging social skills (interest in engaging with peers, attempts to verbally communicate, manages emotions in a non-aggressive way) and an interest in building relationships with same-aged peers
- Children must be between 5 to 12 years of age

## When will the Play Ball Kidz Program run?

- The Play Ball Kidz Recreation program consists of 10 consecutive weeks of program
- Child groups will take place from:
  - Wednesdays, September 26 – Wednesday, December 5, 2018 from 4 – 5 p.m. (no session October 3, 2018)
  - Thursdays, September 27 – Thursday, November 29, 2018 from 4 – 5 p.m.
- Parent Information sessions will take place mid-program, dates to be confirmed.

## Where will the Play Ball Kidz Recreation Program take place?

Wednesdays 4 – 5 p.m.  
Cookstown Central Public School  
Cookstown, Ontario

Thursdays 4 – 5 p.m.  
Andrew Hunter Elementary School  
Barrie, Ontario

## What is the cost of the Play Ball Kidz Recreation Program?

The program will be fully subsidized by Simcoe County District School Board.

## Who will be facilitating the Play Ball Kidz Recreation Program?

- Shawn Delaire, Level 1 Coach
- Simcoe County District School Board Staff

## How do I register for the Play Ball Kidz Recreation Program?

Please complete and initial application at by September 10, 2018 at 4:00 p.m.  
Please use the Mozilla Firefox web browser.

<https://forms.office.com/Pages/ResponsePage.aspx?id=ZH49V0PV2E-z2gxkrcTrNZmyAalHGdlMre6TJiGxhxpUQVJaWIVaSFkzTldKM0tWNTBBRVVOVk8yUy4u>

You will be contacted for an initial telephone interview to assess the appropriateness of the program for your child. An in-person intake visit may be scheduled following the initial phone screening if the program is appropriate. An in-person screening may be scheduled if needed.

Please note that only children who meet the participation requirements will be eligible for the program.

If the program is not suitable for your child, we will attempt to provide a referral.

If you have any questions, please contact:

Crystal McEwan  
ASD After School Social Skills Program Coordinator  
[cmcewan@scdsb.on.ca](mailto:cmcewan@scdsb.on.ca)