Teacher /Staff Appreciation Week

The week of May 3 is National Teacher Appreciation Week, and we need your help to show our wonderful Meadow View Elementary teachers how much we appreciate them! PTO will be coordinating a fun event each day of Teacher Appreciation Week, and we need your help Sunday, Tuesday and Friday:

Sunday - Chalk the Walk! Mask up and come to the school between 5 and 6 p.m. to decorate the sidewalks with messages and pictures! Sidewalk chalk will be provided.
Monday - The PTO will provide coffee and donuts for the teachers!
Tuesday - Snack Break! Help the PTO stock the teachers' lounge with drinks and snacks. Sign up here: https://www.signupgenius.com/go/10C0C4DA4AA2BA0FA7-teacher
Wednesday - The PTO will provide Crumble cookies for the teachers!
Thursday - The PTO will provide lunch for the teachers from El Chamachos Taco Truck.
Friday - Let's shower our teachers with love and appreciation! If your student is in-person, consider having them make a hand-written card or bring in a small treat (a flower, candy, etc.) for your teacher(s). If your student is remote, consider emailing your teacher a photo of a card or even record your child telling his or her teacher how much he or she means to you!

Here are some ideas to get you started:

Record a Thank-You Video
Have a teacher who inspires you? Why not let that person know? Record yourself or your child thanking a teacher and post them on our Facebook page starting Sunday, May 2. Use these prompts if you're having trouble getting started:

Thank you, (Teacher’s Name), for ______ .
(Teacher’s Name) made a big difference in my life by ______ .
Thanks to (Teacher’s Name), I'm now able to ______ .

Give Teachers a Shout-Out
The COVID-19 pandemic has given caregivers everywhere an up-close look at the relentless and often thankless job of educators. Take a cue from TV and film writer Shonda Rhimes, who showed her appreciation for educators in this tweet:

Let your children’s teachers know you recognize their hard work. Give them a shout-out on the school’s Facebook page or on another social media platform. Your message could point out something you admire about teachers and their work from home, or it might describe one way the teacher has helped your child.

Want to post a video or shout-out? Here is the link to Meadow View Elementary PTO Facebook page.

Please include the hashtag #ThankATeacher when posting your video.

Write a Thank-You Note, Poem, or Song
Talk with your children about teachers. Ask: Why do we need teachers? How do they help us? What makes their job difficult? Why do you think someone might choose to become a teacher? Then have them think about a particularly inspirational teacher. Ask: What makes this teacher inspirational? How did he or she inspire you? What could you thank this teacher for?

Have younger students complete the sentence: Thank you, (Teacher’s Name), for ______. Then draw a picture to accompany the note. You could post a photo of the note (or your child holding up the note) on social media or mail it to the teacher.

Older students could write a thank-you letter, poem, or song. If they need help getting started, answering these questions might help:

What is one way your teacher has helped or inspired you?
What are you now able to do thanks to your teacher’s help or inspiration?
What do you wish for your teacher’s future?

ART NEWS

Congratulations Meadow View Artists! We have created some great art this year and 22 students are representing our school in the DCSD K-12 Virtual Art Show. Be sure to check out the show and congratulate our art show participants. will be available to view on May 3rd. You can view it using the link below.

Zimmer Ramirez
Kassidy Collins
Chloe Gerlach
Ella Harrison
Cheyenne Reffel
Neveah Kallweit
Alexa Trunnell
Benny Young
Gabe Stephenson
Brody Dorris
Olivia Anderson

Kathryn Streander
Charley Bryant
Micah Brown
Samuel Murray
Brycen Schemp
Aaliyah Quinn
Jordan Henry
Gabriel Rodriguez-Mercedes
Ella Jacobs
Lily Heisser
Peyton Grilli
Summer Reading begins June 2021!

Sign up for summer reading camp and keep your child reading! (Click Here for more information)

Calendar

May 13: MDVE PTO General Meeting 6-7 p.m. All are Welcome!

May 25: Last Day of School

Did you know?
Lace up your hiking boots and grab your trail mix because Stone Canyon’s Summer Backpacking Adventure registration is now open! This year we are excited to offer three programs specifically tailored to beginner, intermediate, and advanced backpackers.
Reminders

Here is a summer reading incentive for parents to use with their child.
Wondering if your student is eligible for the Transportation to School? Find out, visit: https://www.dcsdk12.org/cms/one.aspx?pageId=5755448
We need you! Positions on the PTO board are open! If you're interested, please email mdvepto@gmail.com or message us through our Facebook page.

President - Responsible for leading PTO activities, programs, and events with help and support from other PTO Board members and MDVE Admin Team. Sets meeting dates / times with help from other PTO Board members and MDVE Admin team. Draft and distribute meeting agendas. Lead meetings. Estimated time commitment of 3 hours per month.

VP of Fundraising - Helps decide how to fundraise for PTO, and execute fundraisers with support from other PTO Board members and school administration. Time commitment: 2 meetings per month, plus extra time depending on what types of fundraising activities PTO chooses for that year. Estimated average time commitment of 4 hours per month.

VP of Communications - Attend all Executive Board and General meetings, Get the word out about PTO news, programs and events with the parent community using the PTO Facebook page, website, outdoor marquee sign and PTO section in Meadow View Messenger newsletter. Estimated time commitment is 3 hours per month.

Treasurer - Attend all Executive Board and General meetings, maintain the financial and tax records for the PTO. This includes maintaining the budget with input from the rest of the executive committee, balancing the checkbook, making deposits, managing receipts, and working with school to purchase grant items. Estimated time commitment of 3-5 hours per month.

Secretary - Attend all Executive Board and General meetings, record the minutes, and keep attendance and voting records, and publish minutes via email. During a non-COVID year, the Secretary also would add a copy of the minutes to a binder in the office. Estimated time commitment of 2-3 hours per month.
Join the Pride &
Join Your School’s
Band & Orchestra
Coupon code: Pride&CVEIM

4th - 6th Graders, it’s not too late to start this year!

Here’s what kids say about being in Band or Orchestra:

“It is fun playing, and the music is beautiful.”

“We get to learn cool music.”

“It’s a fun class where I get to express myself through music and my instrument.”

www.cveim.webs.com
for all the information you need.
We think there’s no better time to be learning an instrument!

Learn from Professional Musicians!
Nutrition Services

Regarding the DCSD Nutrition Services free meal bags, there will be changes happening the week of March 22nd, 2021 after Spring Break when the middle schools and the high schools return to full in-person learning Monday-Friday. Please see the attached flyers. The information ("Free Meals info after Spring Break - Resource Page for Families 3.10.21" document) will be posted soon on the Resources for Families - DCSD webpage.

Hopefully this will be effective through the end of May 21st, 2021.
Below are the flyers for your reference:

FLYER - FREE Meals for Kids-English  FLYER - FREE Meals for Kids-Spanish
FLYER - FREE Meals for Kids-Chinese  FLYER - FREE Meals for Kids-Russian

LADY TRAILBLAZER (GIRLS PERSIST) SUMMER PROGRAM

"Empower a Girl, Change the World" CLICK HERE FOR THE FLYER & ADDITIONAL INFORMATION

Registration for Stone Canyon Summer Camps is now open!
Stone Canyon will offer both our overnight camps and day camps. Stone Canyon offers a wide variety of activities and our dedicated staff is committed to ensuring your camper will learn new skills, make new friends, and is safe while at camp. Our goal is to help our campers become more confident and daring individuals, all while having the best time of their lives!
While our programs may look a bit different to follow State COVID-19 guidelines, we aim to provide the same connection and adventure that make our summer camp special. In this email, we have highlighted important information and for more detailed information, please visit our website.

Overnight Campers: 9-15 years old
Day Campers: 6-8 years old

For more information and to register check out our website:

stonecanyonedge.org
Please click [here](#) to read the immunization letter from the Colorado Department of Public Health & Environment. It is important information for you to know for the 2021/2022 School Year. Thank you!

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**GET READY FOR KINDERGARTEN**

Here are some resources to build understanding about school readiness and provide families with ideas regarding how they can support their child through the transition to Kindergarten.

- [Start Strong in Kindergarten](#) (English Version)
- [Start Strong in Kindergarten](#) (Spanish Version)
- [Journey to Kindergarten Flyer](#) (English Version)
- [Journey to Kindergarten](#) (Spanish Version)
- [DCSD Kindergarten Information Site](#)

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2021-2022 Kindergarten registration is underway! If you have friends or neighbors in our attendance zone who have Kindergarten-age students for the 2021-2022 school year, let them know we are now accepting registrations. Central Enrollment will process all Kindergarten registrations. Please contact Paula De Ville, Central Enrollment, at 720-433-1242 for assistance or email Paula.DeVille@dcsdk12.org.

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**RAPID TESTING FOR COVID-19**

FOR: DCSD Students, Teachers and Family Members

For more informations, [CLICK HERE](#) (SPANISH VERSION)
To learn more about PediaClinic at DCHS, please click the links below. This is not hosted by DCSD but DCSD is providing the location.

[English Flyer](#)  [Spanish Flyer](#)

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**SCHOOL COUNSELING CORNER**

Hello Meadow View Families! It is with sadness that I announce that I will not be returning to Meadow View next school year. I will be pursuing my passion to be a clinical mental health counselor in Colorado Springs, where I currently reside. It has been an honor to serve the Meadow View community these past 2 years and to have the chance to connect with our wonderful students. I wish you all well and I know you will be in great hands with the new staff we will have next year.

With all my best,
Mariah Bennett (School Counselor)
mbennett@dcsdk12.org
[School Counselor Website](#)

If you have a crisis or a report, please refer to the following resources:
- Colorado Crisis Line: 1-844-493-8255
- National Suicide Prevention Line - 1-800-273-TALK (8255)
- Crisis Text Line - 741-741
- Safe-2-Tell - 1-877-542-SAFE (7233)
- Text-A-Tip - 274-637

If you are looking for some alternatives to talk therapy; I encourage you to check these out:
- [Project Helping](#)
  - Kindfulness is a daily practice using volunteering, intentional acts of kindness, and gratitude to bring awareness to the impact you make on others and the positive mental state created by serving others. When you volunteer at @projecthelping, you make an impact, both on you and your community. Through volunteering, you actively invest in your community while reaping the mental wellness benefits of volunteering. At Project Helping, they select the most impactful and engaging volunteer projects and then they make them
incredibly easy to sign up for. The best part is that you will meet others that also may struggle and that’s when you realize you’re not alone!

○ www.projecthelping.org; info@projecthelping.org; (303) 551-0624

**The Aspen Effect—**
- The Aspen Effect builds resiliency in youth with a unique horse environment, a caring mentor team, and a strength-based approach. Programs include Mini Horse Leadership School, Healing Horse Connections, Goat Pen Life Training, and the Ranch Hand Leadership Academy. For children and youth ages 11 and up.
- The most wonderful thing about the Aspen Effect is that it’s FREE!! And you don’t even feel like it’s therapy!
  ○ @theaspeneffect; www.theaspeneffect.org

**BrainCode Centers**
- Utilizing EEG brain mapping and neurofeedback therapy, they help patients recover from trauma or injury, manage symptoms of anxiety or ADHD, depression, alleviate pain or sleeplessness, and so much more by training the brain to restore and improve function. Their all-natural approach to mental health care helps optimize your brain's potential, allowing you to take back control of your life, achieve your goals, and become the best version of yourself. Now I will say this is not an inexpensive form of therapy, but if you are interested, check out their website and reach out to Angie Noack at 720-649-6376.
  ○ @nepesneurofeedback
  ○ www.BrainCodecenters.com; angie@braincodecenters.com

**Movement counseling & Wellness—**
- At Movement Counseling & Wellness, they create personalized treatment plans for children, adolescents, and adults who are experiencing anxiety, depression, trauma, and other obstacles that impede everyday life. Their wide range of services, including individual and group counseling, animal-assisted therapy, acupuncture, personal training, and academic support, engages their clients in a holistic journey to recovery.
  ○ @movementcounselingwellness
  ○ www.movement-counseling.com; 303-876-7658
Family Care Connection Project

We have heaps of items to give away to school-age children and families to help with mental health and to relieve stress.

We can arrange to have these items delivered straight to your front door.

- Yoga mats
- Art supplies
- Fidget toys
- Thinking putty
- Mindfulness activities
- Gratitude journals
- Fresh Fruit
- Lotion, vitamins, and more for self care
- Cell phones and WiFi cards to access services
- Internet service assistance
- Headphones for remote learning

You've got this

Interested in any of these items to put a smile on your child's face? Just let us know!

FamilyCareConnection@AllHealthNetwork.org
720-707-6395
Meadow View’s Millie the Magnificent Mountain Lion

PRESENTS MDVE SPIRIT WEAR!

$15 blue T-shirt (runs small)

$25 grey Sweatshirt

$15 teal T-shirt (back of shirt is blank)

Available for purchase through www.MySchoolBucks.com while supplies last! Be sure to get your order in this weekend so we can send home your spirit wear next week!

Spirit wear makes great holiday gifts for your student(s)! Plus it gives students something to wear for future Spirit Days at Meadow View! Email Jenny.Frueh@dcsdk12.org with questions.
The PTO Board is seeking a volunteer to serve as VP Fundraising for the 2020-21 school year. This position is a great opportunity to get involved in the school community and help raise money that supports school programs. It can be done remotely. PTO is a team effort and we’ve got a great team for you to join! Please email mdvepto@gmail.com if you are interested! Thanks!

Wondering how you can help the PTO raise money for your school?

Mention Meadow View Elementary when you purchase at American Furniture Warehouse and a portion of your purchase will be donated to your school. Thank you!

Do you shop at King Soopers or Amazon? King Soopers' Community Rewards Program and Amazon's Amazon Smile Program both allow you to select a non-profit organization of your choice to receive a portion of the proceeds from your purchases! It's a quick, easy way to give back to Meadow View PTO! Here’s how you get started:

King Soopers Community Rewards Program: Visit https://www.kingsoopers.com/topic/community-rewards-9, log in to your King Soopers account, and designate Meadow View PTO from the drop-down list! You can also use the King Soopers app to sign up!

Amazon Smile: Visit www.smile.amazon.com and select Meadow View PTO from the list of eligible organizations!
The easy way to raise money

Create opportunities for what matters most to you—right from your phone. Buy gift cards from 750+ brands to earn on your daily purchases. It's simply the right way to fundraise.

Start earning with the RaiseRight™ mobile app today

1. Join the program
   - First, download the RaiseRight mobile app from the app store using your smartphone or tablet.
   - Then, enter the enrollment code to join: 278611B957525

2. Buy gift cards and earn for your organization
   - Browse bonuses, search for a specific brand, shop categories, and more.
   - When you're ready to check out, sign up for secure online payments. You can link a bank account, add a credit card, or both.
   - The brand gives back to your organization the moment you buy a gift card—at no extra cost to you.

3. Get and use your gift cards
   - eGift cards are delivered to the app within minutes—view them in your Wallet.
   - Physical gift cards are mailed to your coordinator. Many are reloadable so you can keep earning with the ones you have.
   - Use both types in-store and online.

Have questions about getting started?
Call the ShopWithScrip Customer Support team at 1-800-727-4715 Option 3.

The merchants represented are not sponsors or otherwise affiliated with ShopWithScrip®. The logos and other identifying marks used are trademarks of and owned by each represented company and/or its affiliates. Please visit the company's website for additional terms and conditions.

Get the app
www.RaiseRight.com
This MDVE Messenger is a weekly newsletter sent at the end of each week to keep you informed and help you navigate the school year. If there is anything you’d like to suggest for the newsletter that would be helpful to families as a whole, please feel free to reply to this email with your feedback. It’s recommended that you include the following email addresses in your list of contacts to avoid school and district communication going into your SPAM folder: jkfrueh@dcsdk12.org and communications@dcsdk12.org.

If you need to review recent communications sent by Meadow View, please click the links below.

Looking for previous MDVE Messengers? Click HERE.
Douglas County District’s Road to Return Guidelines

School Information - www.MDVE.org

Follow us on Facebook
@MeadowViewLions

Meadow View is an Artful Learning School. Artful Learning is a school improvement model that stimulates and deepens academic learning through the Arts. The four main quadrants of the Artful Learning model (EXPERIENCE, INQUIRE, CREATE, and REFLECT) encourage and support best teaching practices while improving the manner in which both students and teachers learn. Classrooms systematically employ the four quadrants to strengthen understanding, retention, and application. Be sure to check out our Artful Learning web page to learn more about how the arts are uniquely integrated into our curriculum.

Meadow View Elementary, an Artful Learning School / 3700 Butterfield Crossing Dr, Castle Rock CO 80109

Principal, Lacey Dahl / Asst Principal, Jennifer Bass
Main Line 303-387-5425 / Attendance Line 303-387-5427
School Hours: 8:30-3:30 p.m. / Front Office Hours: 8 a.m.-4 p.m.

Kindergarten Hours Full Day: 8:30-3:25 p.m.

At MDVE we empower our students to be confident, flexible, and empathetic leaders who use their imagination and knowledge to connect to the world.

We create unique and engaging experiences, enriched with the arts, to develop conceptual learning and reflective thinking within an inquiry-based, rigorous learning environment.

We value our safe, welcoming, and inclusive school of learners, educators, families, and community members.

NONDISCRIMINATION NOTICE: The Douglas County School District does not discriminate on the basis of race, color, sex, sexual orientation, gender identity/expression, religion, national origin, ancestry, creed, age, marital status, genetic information, or physical characteristics, disability or need for special education services in admissions, access to, treatment of, or employment in educational programs or activities. The School District’s Compliance Officer is Ted Knight, Assistant Superintendent, 620 Wilcox Street, Castle Rock, Colorado, complianceofficer@dcsdk12.org, 303-387-0067. Complaint procedures have been established for students, parents, employees, and members of the public.